

Hello, I just read your wonderful post on how to protect yourself from grays,.... There are no books out at this moment with this info in it, and I have been reluctant to share what I have with the public in general (for many reasons) but, since you've started the ball rolling, here are a couple of tips that I was given to share - some abductees I know have used this with great success, perhaps you can pass it on or include it in your list of ways to reclaim Freedom of Choice. :) Angel

1. Take a clear quartz crystal and program it with Archangel Michael's protection. (To do this hold the crystal in your right and say 33 times, I call upon the protection of Archangel Michael to be within this crystal) while saying this, envision the color bright blue - the color of physical protection. Wear this crystal at all times.
2. For night time abductions, I recommend using 4 programmed clear quartz crystals , take one and put in against one leg of the bed and wrap thin copper wire around it, then, without cutting the wire string the wire to the next leg and wrap it around a crystal there etc. until you've wrapped all 4 legs of the bed.
4. There are two American Indians making jewelry at this time that contain ancient protection patterns in the inlay that prevent the energy currents of the grays from engulfing you - awake or asleep, I wear these myself as I am very sensitive to Et energy fields. I am told that the artists are Navaho - but the designs they are making are of Zuni origin. There are many sources that carry this jewelry - the jewelry is marked with the letters T&J on it - a large bracelet is usually enough for casual daily wear, but if you are still being bothered by the ET's you may need to wear three pieces one on each wrist and one around you neck, this creates a triangulation of energy that blocks them from your energy field. This does not stop them from trying to project thoughts to you though. Like to take the jewelry/ crystals etc. off - You simply remain calm enough to say no, and create a spiritual command by saying ; NO! in the name of ...whatever your spiritual orientation is... Jesus Christ, Buddha, Mohammed, whatever - I command you to leave NOW! You must be ABSOLUTELY CLEAR in your intent so that the energy you project will be maintained and work.
5. I absolutely agree with needing to train yourself to remain calm enough to keep a clear state of mind. Fear makes you vulnerable - to ETs AND to humans.

Thank you for your time, Angel

The Only Thing Permanent Is Change :) - Me -